


Recovery Resource Center (PRRC) Schedule • MAY 2014

****Information: call 216-391-0264 x7772 • 7000 Euclid Ave., Suite 202, 2nd Floor • Hours: M-F 9a - 3p****

Monday	Tuesday	Wednesday	Thursday	Friday
***** COMMUNITY MEETING is 5/9/14, 11a @ 7000 Euclid – We would like to see everyone there!!!! Join us for food, good company, and important updates! *****	Reminder of what symbols mean: CG = Closed group [T] = Group offered by Telehealth!	***** OPEN HOUSE on May 9th! Bring your family member or support person. ***** Workshops in May: -WRAP -Veterans Under 40 -Experiences with Horses	1 10-11a OT Group - Cognitive Skills [T] (Library) 11a-12p Mind Over Mood: DBT Skills [T] (Library)	2 10a-11a Recovery Skills - Addictions (Library) 10-11a CHATS (Group Room) 11a-12p Peer Group (Library) 12p Peer Council (Café)
5 10-11a Person to Person (CG, Library) 11-12p Pathways to Recovery (Library) [T] 11a-2p CET (CG)	6 10-11a Acceptance & Commitment Therapy (ACT) (Library) [T] 11a-12p WORK Group (Library)	7 10-11a Stress & Relaxation (Library) (Library) [T] 11a-12p ESS (CG, Library) 1-2p Individual Recovery Planning (as scheduled, Library)	8 10-11a OT Group - Cognitive Skills [T] (Library) 11a-12p Mind Over Mood: DBT Skills [T] (Library)	9 *OPEN HOUSE* 10a-11a Recovery Skills - Addictions (Library) 10-11a CHATS (Group Room) 11a-12p Peer Group (Library) 11a-12p Orientation 12p **Community Meeting**
12 9-10a ALUMNI MEETING & BREAKFAST (Art Museum Pond) 10-11a Person to Person (CG, Library) 11-12p Pathways to Recovery (Library) [T] 11a-2p CET (CG)	13 10-11a ACT (Library) 11a-12p WORK Group (Library)	14 10-11a Nutrition [T] (Library) 11a-12p ESS (CG, Library) 1-2p Individual Recovery Planning (as scheduled, Library)	15 10-11a OT Group - Cognitive Skills [T] (Library) 11a-12p Mind Over Mood: DBT Skills [T] (Library)	16 10a-11a Recovery Skills - Addictions (Library) 10-11a CHATS 11a-12p Peer Group (Library) 11a-12p Orientation 12p Peer Council (Café) 1p VU 40 Workshop
19 NO GENERAL PROGRAMMING 8a-4:30p Wellness Recovery Action Plan (WRAP) Peer Workshop **Limited space for those interested**	20 NO GENERAL PROGRAMMING 8a-4:30p Wellness Recovery Action Plan (WRAP) Peer Workshop **Limited space for those interested**	21 10-11a Stress & Relaxation (Library) (Library) [T] 11a-12p ESS (CG, Library) 1-2p Individual Recovery Planning (as scheduled, Library)	22 10-11a OT Group - Cognitive Skills [T] (Library) 11a-12p Mind Over Mood: DBT Skills [T] (Library)	23 10a-11a Recovery Skills - Addictions (Library) 10-11a CHATS (Group Room) 11a-12p Peer Group (Library) 11a-12p Orientation
26 Holiday Center Closed  <i>Memorial Day</i>	27 No Telehealth Today 10-11a ACT (Library) 11a-12p WORK Group (Library)	28 10-11a Nutrition [T] (Library) 11a-12p ESS (CG, Library) 1-2p Individual Recovery Planning (as scheduled, Library)	29 10-11a OT Group - Cognitive Skills [T] (Library) 11a-12p Mind Over Mood: DBT Skills [T] (Library) 12:15p New Experiences with Horses @ Fieldstone	30 10a-11a Recovery Skills - Addictions (Library) 10-11a CHATS (Group Room) 11a-12p Peer Group (Library) 12p Peer Council (Café)

**** 2nd Quarter – April through June 2014 ** <http://www.cleveland.va.gov/services/PRRC.asp> ****

Recovery Resource Center (PRRC) Workshops & Special Events

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APRIL 2014

April 7 – *Community Meeting @ the Recovery Resource Center (PRRC), 11a-12:30p*

April 14 – Alumni Meeting & Breakfast, PRRC Library, 9a

April 15 – NAMI Peer to Peer Begin, Tuesdays, from 2-4p

April 22 – **No Telehealth** Groups today

MAY 2014

May 9 – *Community Meeting @ the Recovery Resource Center (PRRC), 12-1:30p. **Family and Supporter Open House** from 9-1:30p*

May 12 – **Alumni Meeting & Breakfast** at Cleveland Art Museum Pond, 9a

May 16 – ****Veterans Under 40 (VU 40) Workshop**** begins at 1p.

May 19-20 – **WRAP PEER WORKSHOP**, 8-4:30p, Limited space for those interested.

May 26 – **Center Closed**, Holiday, Happy Memorial Day!

May 27 – **No Telehealth** Groups today

May 29 - **New EXPERIENCES WITH HORSES @ Fieldstone Farm begins**, WOMEN PARTICIPANTS ONLY, Thursdays from 1-2:15p. Transportation provided, leave the center at 12:15p and return by 3p.

JUNE 2014

June 3 – **“Imagination Arts”** from 10-11:30a.

June 9 – Alumni Meeting & Breakfast, Location TBA, 9a

June 12 – *Community Meeting @ the Recovery Resource Center (PRRC), 11-12:30p*

June 24 – **No Telehealth** Groups today

Remote Services/Telehealth Program Information

Location: Community Resource and Referral Center (CRRRC) – Akron Site
111 E. Voris St. (Entrance off Miami St.)
Akron, Ohio 44311

Phone: (330) 761-7054 x 2018

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